

NEW MYTHS - WORKSHEET PACKAGE

These worksheets are designed to accompany the New Myths audio workshop. Each exercise is designed to take about 5-10 minutes to do, if you are following along just pause when you here the music and restart once you've finished the exercise!

If you do complete the working, I would love to hear from you at connor@policymythology.com.

NEW MYTHS - SESSION 0 (WARM-UP)

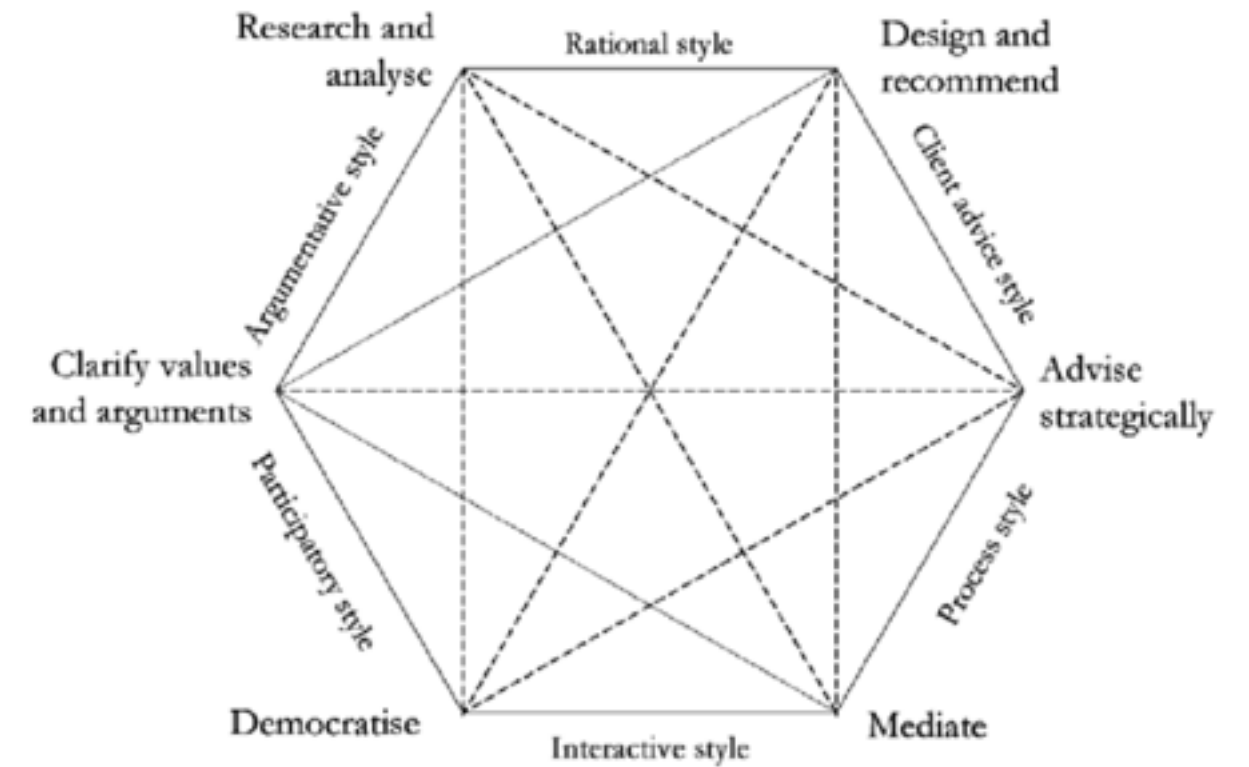
When we write we activate different parts of our mind. It is a unique process, one that allows us to explore meaning in depth by making us choose carefully the words we put onto the page. We're going to get to that, but first we need to warm up.

So here I'm just going to ask you to write, something about your topic. Whatever it is, don't stop writing. Get your brain, hand and utensil literally on the same page, and see what comes out. Don't worry, we won't be explicitly using this session's outputs for anything.

NEW MYTHS - SESSION I

Take one sentence about the tools we use. Remember that we may need to compromise or rethink our expressions to reach those who do not share our *lingua franca*. You can use the prompt to start your sentence or you may start with one of your own.

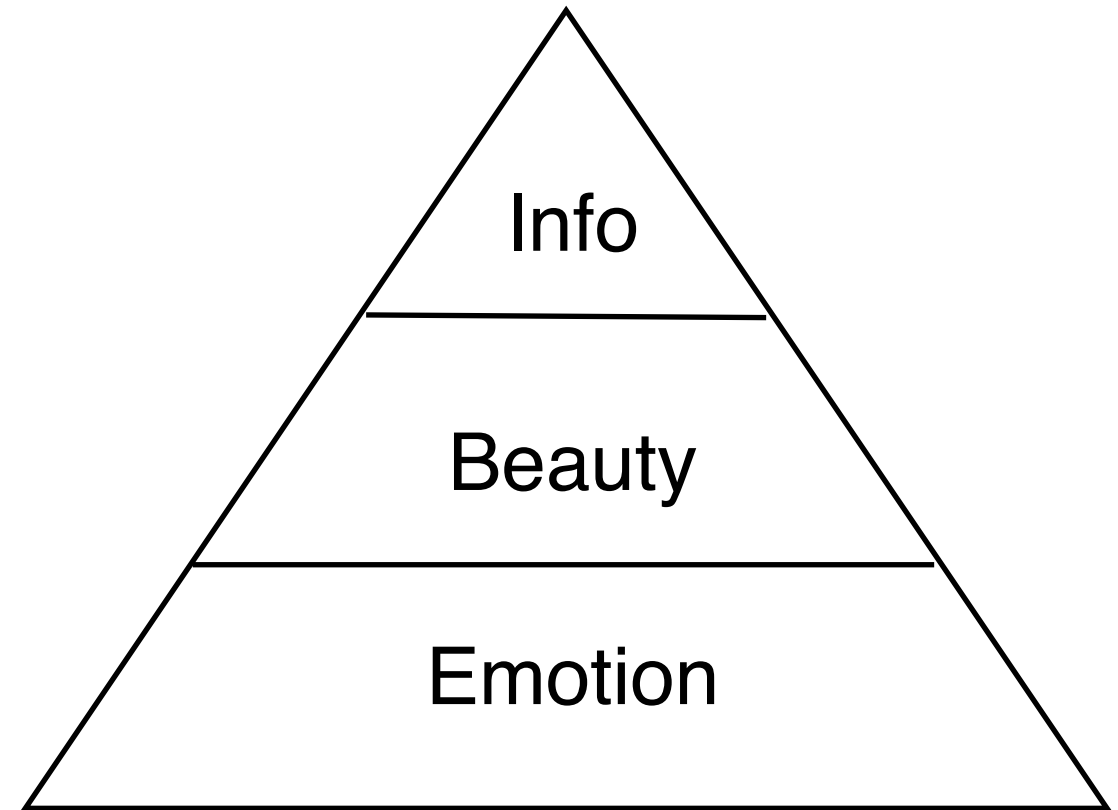
At TU Delft we _____



NEW MYTHS - SESSION II

Take a few minutes and explore different ways to express your problem in the world and how you are addressing it with your work. Don't just write once and stop! Keep refining each word by reading it to each other until it's just right. Use all of the space, we will be writing a final "clean" version at the end.

Your sentence will follow the unspoken starting sentence of all policy analysis. **"There is a problem in the world."** _____



NEW MYTHS - SESSION III

Take time to craft one sentence about our role in society. Remember that we all wear many masks, and are constantly changing them as our role in life shifts. How do the masks you wear change the interactions with stakeholders? What is the mask you want them to remember most, and the one they might perceive instead?

These tools help _____



Hero



Herald



Threshold
Guardian



Mentor



Hero



Shadow



Trickster



Shapeshifter

NEW MYTHS - SESSION IV

Take time with your team to write together one sentence about what changes in the world your work will require to be more successful. What are the fundamental lessons at the core of your work? Or what might a future designed with your ideas in mind look like? What are the fundamental differences between now and the imagined tomorrow.

NEW MYTHS - SESSION V

Combine the four sentences to create a one-paragraph statement about your topic that touches all four functions of mythology. You can try different orders, especially sentence 1 and 2 should both be good options for your story. Maybe you need an extra sentence somewhere or want to combine two somehow! Get creative with structure while maintaining meaning with content.

Once you're done read it out loud, look for places where you stumble or pause, this is a sign the piece still needs some work. Also think about what it means? Was this what you expected? Or have you made a different kind of summary than you normally would write?
